

TRAVELLING TO NEW PLACES WITH CONFIDENCE

Heart of Nepal

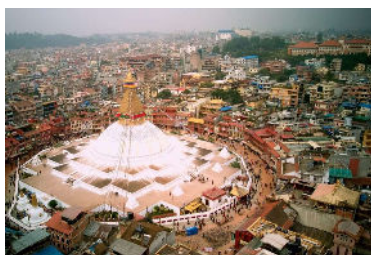
10-Day, 9-Night Journey

Kathmandu, Chitwan, Pokhara

Discover the best of Nepal on this memorable trip. Explore the rich culture of Kathmandu with bustling markets, and traditional art and crafts. Take a jungle safari in Chitwan National Park to spot Bengal tigers, one-horned rhinoceroses, and Asian elephants. Pokhara offers stunning vistas of the Annapurna and Dhaulagiri mountain ranges, and Phewa Lake.

Kathmandu is home to several UNESCO World Heritage Sites, including Durbar Square, Swayambhunath Stupa (Monkey Temple), Boudhanath Stupa, and Pashupatinath Temple.

Embark on a journey of discovery with us. From cultural immersion to wildlife encounters and spectacular mountain vistas, this trip will leave memories that will last a lifetime.



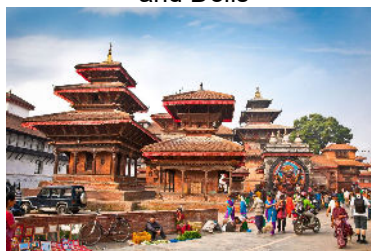
Kathmandu Aeroview



Nepalese Himalayan Puppets and Dolls



Boudhanath Stupa



Inclusions

- ▶ Hotel Accommodations
- ▶ Daily Breakfast & Selected Meals
(See tour plan for details)
- ▶ English-speaking guide and excursions
- ▶ Private airport transfer

Exclusions

- ▶ International Airfare
- ▶ Kathmandu – Chitwan – Pokhara - Kathmandu Airfare
- ▶ Government Tourism Fee
- ▶ Travel Insurance
- ▶ Medical Expenses
- ▶ Visa Fee
- ▶ Gratuities
- ▶ Personal Expenses

Nearby Airport

Kathmandu - Tribhuvan International Airport (KTM)

Itinerary

3 Nights in Kathmandu

DAY 1: ARRIVE AT KATHMANDU (KTM)

Upon arriving at **Kathmandu airport**, you'll be met and transferred to your hotel. The rest of the day is free.

[Meals: None]

DAY 2: KATHMANDU & PATAN DURBAR SQUARE TOUR

Today, we start by diving right into the culture of Kathmandu Valley. We will visit some of the more popular tourist attractions in the area, which includes Nepal's most sought out UNESCO World Heritage Sites.

Today's guided tour includes **Kathmandu Dubar Square's Kumari Ghar** (House of the Living Goddess), **Hanuman Dhoka Palace** (Old Royal Palace), **Kal Brairab Shrine**, **Taleju Temple**, **Swayambhunath Stupa** and **Patan Durbar Square (Patan Royal Square)**. (8 hours @9am).

Swayambhunath is probably the most sacred among Buddhist pilgrimage sites.

[Meals: Breakfast]

DAY 3: BHAKTAPUR DURBAR SQUARE & TEMPLE TOUR



Today's guided tour includes **Pashupatinath, Bouddhanath, Bhaktapur Durbar Square, Lion's Gate, Nyatapola Temple, Bhairab Temple and Dattatreya Temple**. (8 hours @9am).

The famous **Bouddhanath Stupa** has the largest spherical stupa in the world and a massive mandala. A stupa is akin to a mausoleum.

[Meals: Breakfast]

3 Nights in Chitwan

DAY 4: KATHMANDU – CHITWAN

Transfer to the airport for your flight to **Chitwan National Park** (airfare not included). Then airport to jungle lodge transfer. When the evening comes, enjoy your first overnight stay in the wildlife lodge.

[Breakfast, Lunch, Dinner]

DAY 5: CHITWAN JUNGLE SAFARI

We start the day early to explore the national park on a **jungle jeep safari**. You'll get to see the diverse multitude of flora and fauna. Visit the habitats of the Bengal Tiger, One-horned Rhinoceros, Wild Elephant, and Crocodile, to name a few. (Self-Guided Jungle Safari on a shared jungle jeep with driver. 4 hours @6am).

You will also have the opportunity to do a jungle walk on your own during the free time. There are plenty of wildlife adventures to go around!

[Meals: Breakfast, Lunch, Dinner]

DAY 6: THARU VILLAGE CULTURAL WALKING TOUR

Today we have a cultural walking tour of a Tharu Village (4 hours @9am).

The Tharu people are an indigenous ethnic group. On this tour, you can observe the daily life of the Tharu community. See the traditional Tharu houses (made of mud and thatch), agricultural techniques and handicrafts.

[Meals: Breakfast, Lunch, Dinner]

2 Nights in Pokhara

DAY 7: CHITWAN - POKHARA

Transfer to the airport for your short flight to **Pokhara** (airfare not included), the second largest city in Nepal. This lakeside town stretches along the shore of a tranquil lake with bobbing paddle boats and a clear view of the snow-capped mountains.

[Meals: Breakfast]

DAY 8: POKHARA CITY TOUR

Early this morning, we drive to **Sarangkot** to enjoy a panoramic view of the majestic Himalayas. Visit the ancient **BindhyaBasani Temple** atop a small hill in Old Pokhara, then **Seti Gorge, the Bazaar** and **Devi's Fall**. We will enjoy a relaxing one-hour boat ride on **Phewa Lake** - for a serene look into one of 200 lakes in Nepal that have their origins in a glacier. (8 hours @ 6am)

[Meals: Breakfast]

1 Night in Kathmandu

DAY 9: POKHARA – KATHMANDU

Today, transfer to the airport for your flight to **Kathmandu** (airfare not included). We spend another evening in Kathmandu.

[Meals: Breakfast]

DAY 10 – KATHMANDU

Today, hotel check-out and transfer to Kathmandu airport for your flight home.

[Meals: Breakfast]

*Hotel check-out time is generally around 11 am. If your flight departs in the evening or past midnight, we suggest you consider adding a post-tour hotel night during booking, to be comfortable and well rested before your flight home.

*The duration and start time of excursions are subject to change without prior notice.