TripCompanion®



TRAVELLING TO NEW PLACES WITH CONFIDENCE

Best of Kathmandu Valley

8-Day, 7-Night Journey

Kathmandu, Namobuddha, Dhulikhel, Bhaktapur

Experience the Himalayas firsthand as you soak up the atmosphere on this captivating trip. Exploring the top attractions and more than 6 UNESCO World Heritage sites is a treat. Kathmandu embodies heritage, architecture, culture, spirituality, and unique hidden gems in all its corners. Witness Nepal's multi-ethnicity and the harmony of Hinduism and Buddhism at the birthplace of the Buddha. This jewel-sized country is dotted with many amazing monuments and beautiful temples all very majestic in their own ways.

This is a perfect venue for an enriching family vacation. Enjoy a one-day gentle hike to be witness a spectacular sunrise over the Himalayas that's bucket-list worthy. Join us to be inspired by the majestic nature and culture of Nepal!

Customizable Private Tour

Trip Overview (*UNESCO World Heritage Sites)

- Bungamati Village Tour
- Patan City Tour
- Patan Durbar Square*
- Boudhanath Stupa*
- Pashupatinath Temple*
- Kathmandu City Tour
- Kathmandu Durbar Square*
- Swayambhu Stupa*
- Namobuddha City Tour
- ▸ Day Hike

- Changu City Tour
- Bhaktapur City Tour
- Bhaktapur Durbar Square*
- Farewell Dinner
 - & Dance Performance

Why You'll Love This Tour



6 WORLD HERITAGE SITES

In our trip to Kathmandu Valley, we showcase six sites. So, if you've got a plan to visit as many UNESCO World Heritage Sites as you can, a visit to Nepal will give you a big jumpstart in the right direction.



BIRTHPLACE OF BUDDHA

Lumbini is the Buddha's birthplace. It is one of the world's most important spiritual sites and attracts Buddhist pilgrims from around the world.



Home to the world's highest peak, Mount Everest, the Himalaya

MAJESTIC PEAKS OF HIMALAYA AND NATURE

Mountains are one of the top reasons to visit Nepal. A one-day mountain hiking to watch the sunrise and explore the country side with our experienced hiking guide.

Inclusions

- ▶ Airport Transfers, Meet and Greet
- Hotel Accommodations
- Daily Breakfast & Selected Meals
 (See tour plan for details)
- ▶ English-speaking Local Guide
- Entrance Fees to Monuments and Attractions per Itinerary

Exclusions

- ▸ Air Fare
- Travel Insurance
- Medical Expenses
- ▸ Visa Fee
- Gratuity
- Personal Expenses

Nearby Airport

Kathmandu - Tribhuvan International Airport (KTM)

Itinerary

(B)-Breakfast, (L)-Lunch, (D)-Dinner

DAY 1: MEET UP AT KATHMANDU (KTM)

Upon arriving at **Kathmandu airport**, you'll be met and transferred to your hotel. The rest of the day is free.

DAY 2: KATHMANDU | BOUDHANATH, SWAYAMBHU, PASHUPATINATH TEMPLE (B)

This morning we will visit Bungamati village that overlooks the Bagmati River. This village is known for agriculture, livestock



and fishing. Followed by Patan City that is best known for its Patan Durbar Square (Royal Square), 55 major temples, 136 Buddhist monasteries, woodcarving and metal artisans.

Then, we'll spend the rest of the day checking out the famous Boudhanath

Stupa and **Pashupatinath Temple.** Hindus from all over the world come here for a pilgrimage. Many exotic carvings can be seen on its ornate wooden roof struts.

DAY 3: KATHMANDU | KATHMANDU CITY, SWAYAMBHU STUPA (B)

Today is about **Kathmandu city**. You'll find rice and chilis laid out to dry in courtyards. Ancient temples have bright orange marigolds strung up and the workshops in the back streets are reminiscent of the Middle Ages. This Nepalese capital has been a mecca for travelers for decades, and it is easy to see why during our visit to the **Swayambhu complex**. It consists of a stupa and a variety of shrines and temples, some dating back to the Licchavi period (400 to 750 AD). Swayambhu is probably the most sacred among Buddhist pilgrimage sites. You have the afternoon and evening free to explore the city and **Kathmandu Durbar Square** on your own.

DAY 4: KATHMANDU – NAMOBUDDHA | CITY TOUR (B)

In the morning, you head east into the Kathmandu Valley for a transfer to **Namobuddha**. Hear the legend how Buddha in his previous life had offered his body to a tigress which was tormented by starvation. Walk to the local temples and explore the surroundings for a glimpse into some of Nepal's sacred sites. On a clear day you will have some lovely views of the Himalayan peaks in the distance.

DAY 5: NAMOBUDDHA –BHAKTAPUR | DHULIKHEL GENTLE HIKE, CHANGU (B)

Today you will enjoy a day hike from **Namobuddha** to **Dhulikhel**. **Dhulikhel** has been for centuries an important trading center on the commercial route linking Nepal to Tibet. Enjoy a spectacular sunrise over the Himalayas (if you wake early today and weather permitting). The panorama offers a view of the Himalayan ranges stretching from Mount Annapurna in the far west to Mount Karolung in the far east.

More than twenty Himalayan peaks including Mt. Annapurna (8091 m), Mt. Ganesh Himal (7429 m), Mt. Langtang (7234 m), Mt. Phuribichyachu (6637 m), Mt. Gaurishanker (7134 m), Mt. Lhotse (8516 m) and many others can be seen from Dhulikhel.

From Dhulikel you will proceed to **Changu** and **Bhaktapur** for further sightseeing. Changu Lake is a glacial lake. You will spend the night in Bhaktapur, a truly beautiful settlement whose original architecture has been wonderfully maintained.

DAY 6 – BHAKTAPUR TO KATHMANDU | BHAKTAPUR CITY TOUR (B)

This morning, we spend some more time exploring **Bhaktapur** before heading to Kathmandu for the remainder of the day. Bhaktapur is filled with palaces, pagodas and religious shrines. Pedestrian-only **Bhaktapur Durbar (Royal) Square** is a perfect place to stroll and soak in the beautiful antiquities. Check out the 55 window Palace, Golden Gate, Royal Bath with its Golden Faucet, and the Big Bell.

Window shop for modern-day artistry and handicrafts. Watch potters create works of art in the Pottery Square. Indigenous (Newar) handicrafts include paubha scroll paintings, papier-mâché masks, cotton cloth, woodcarvings, metalwork, jewelry and ceramic products, haku-patasi (black sari) and black caps.

DAY 7 - KATHMANDU - THAMEL | FAREWELL DINNER (B, D)

Today you will drive to Thamel, a suburb of Kathmandu which is especially bustling in the evenings - a great way to spend your last night in Nepal. This evening, enjoy your farewell dinner and cultural dance performance.

DAY 8 – KATHMANDU (B)

After breakfast the tour ends. Hotel check-out and transfer to Kathmandu airport. Please provide details of your flight home so we can schedule your airport transfer.

Hotels

We carefully handpick our hotels to ensure they provide you with the best comfort and experience. For Private Tours, you may request a specific hotel as one of the customizable options.



As of April 21, 2020 | Page: 4